



Ensuring a Legacy
of Health,
One Family at a Time

OUR MISSION

Improve the health for
people of childbearing
age, infants and
children through
collaborative efforts
between prenatal and
addiction treatment
services, community-
based services,
educational
institutions, criminal
justice system and

For more information,
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Learn valuable life-saving knowledge and help dispel the stigma of
substance abuse and pregnancy with our free presentations.

Audiences Served

Students, Parents, and Public Health & Wellness Professionals.

Topics include:

- Alcohol, Developing Brains & Babies: A Closer Look at Fetal Alcohol Spectrum Disorders
- Helping Families Understand & Navigate Fetal Alcohol Spectrum Disorders
- Implications Of Perinatal Substance Use For Healthcare Providers
- High Risk For Children & Families Managing Substance Use Challenges & Other Chronic Stressors
- Medicinal/Recreational Cannabis Use During Reproductive Years, Pregnancy, and Post Partum
- Maternal & Fetal Complications From Opiate Use: Prescription Pain Medication & Heroin
- Knowledge Is Power: Little Known Dangers of 2nd & 3rd Hand Smoke
- The Facts About Tobacco, Vaping and E-cigarettes
- Addressing Unconscious Bias & Judgement Related To Substance Use During Pregnancy
- Effective Engagement & Communication Through Compassion For Healthcare Providers
- Understanding Toxic Stress & Trauma
- Harm Reduction Tool Box: Feelings Management, Coping Strategies For Wellness
- The Violence & Substance Use Connection: Human Trafficking, Domestic & Sexual Violence
- Smoking Cessation Program, 4-6 sessions, also available for professionals and consumers, with flexible scheduling.

Learn more at CJFHC.org/what-we-do/community-perinatal-addictions-project

