

Safe Infant Sleep Resources

Download our free postcards! Learn about the American Academy of Pediatrics' safe sleep recommendations to reduce the risk of SIDS and other sleep-related infant deaths for baby's first 12 months of life.

Dear Parents & Grandparents



English
Español

Haitian Creole
Portuguese

Baby Bear Discusses Safe Sleep



English
Español

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*SIDS Info app is available in English/Spanish

A Bare Crib is a Safer Crib



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To schedule a free webinar, request resources, or with any questions

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