

REDUCE THE RISK OF SUDDEN UNEXPECTED INFANT DEATH

Sharing safe infant sleep strategies for the first year can help reduce the risk of SUID! Please share these resources with your colleagues and the families you serve.



1 minute PSAs

- [Safe sleep is easy as 123](#)
- [Benefits of breastfeeding](#)
- [Smoking Risk and SUID](#)
- [Safe sleep for Grandparents](#)
- [Tummy time](#)

Scan the QR code to click video links!



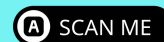
On Demand Webinars

- [Safe Infant Sleep from birth to 12 Months](#) (25 mins)
- [Sueño Seguro desde el Nacimiento hasta los 12 Meses](#) (25 mins)



SIDS Info App

Scan the QR code to download this free app & learn the safe infant sleep recommendations!



Contact us

To schedule a free webinar, request resources, or with any questions

Email: scnj@rwjms.rutgers.edu

Website: rwjms.rutgers.edu/sids

Facebook: @SIDSCenterNJ

LinkedIn: @The SIDS Center of New Jersey