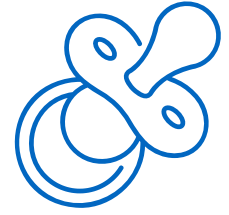


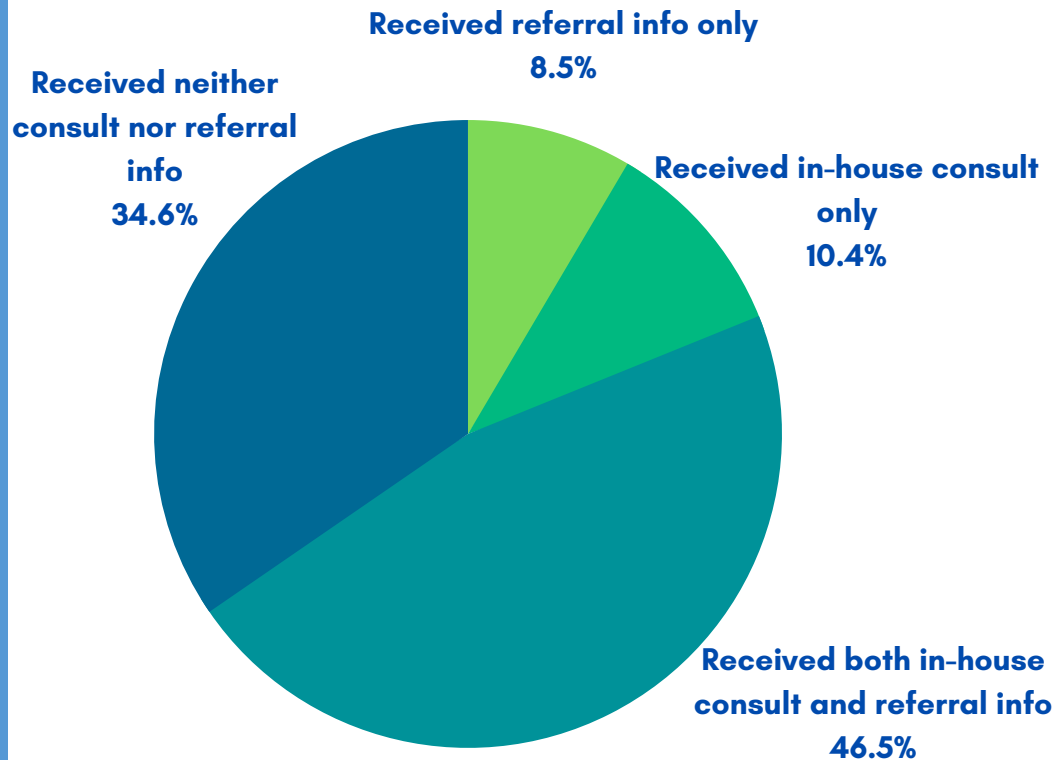
# Postpartum Depression: Data at a Glance January–March 2023



## Quick Facts\*

- Total Deliveries
  - **7,710**
- Total Screened
  - **7,376 (95.6%)**
- Total Screened 10+
  - **319 (4.3%)**
- Average EDPS Score
  - **2.7**

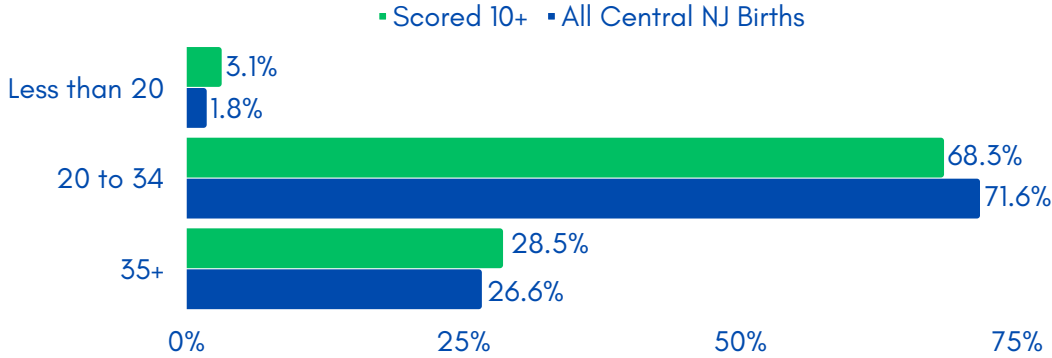
## Referrals



The Edinburgh Postnatal Depression Scale (EPDS) screens for possible depression symptoms in parents. An EPDS score of 10 or higher was considered to be at risk for experiencing postpartum depression. 46.5% of mothers in Central NJ who scored 10+ received both referrals and consults.

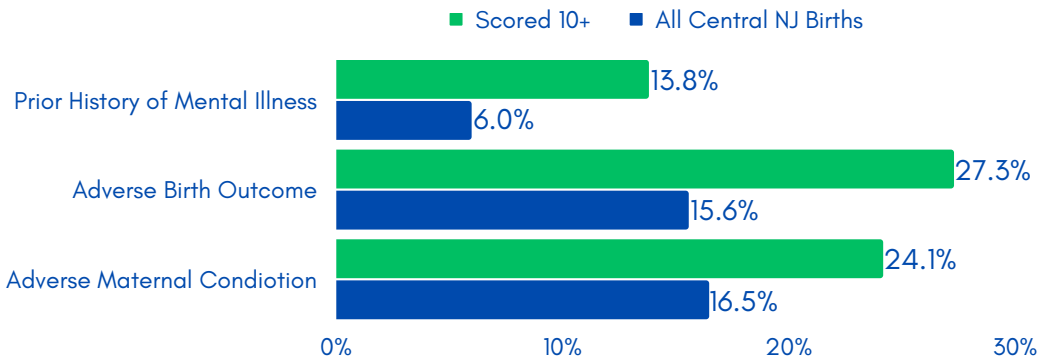
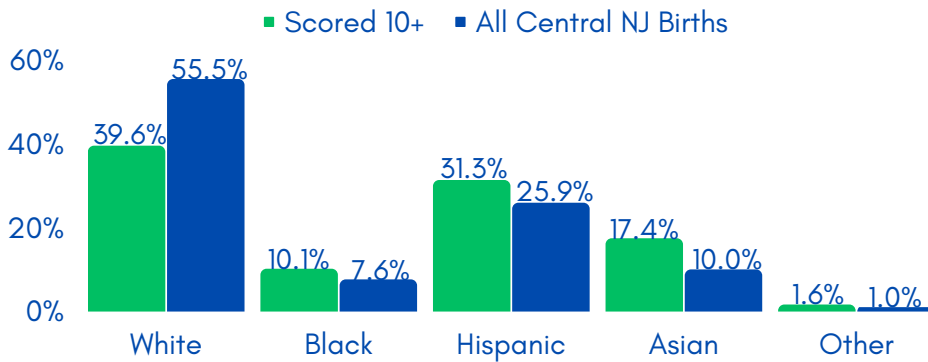


# Maternal Characteristics\*



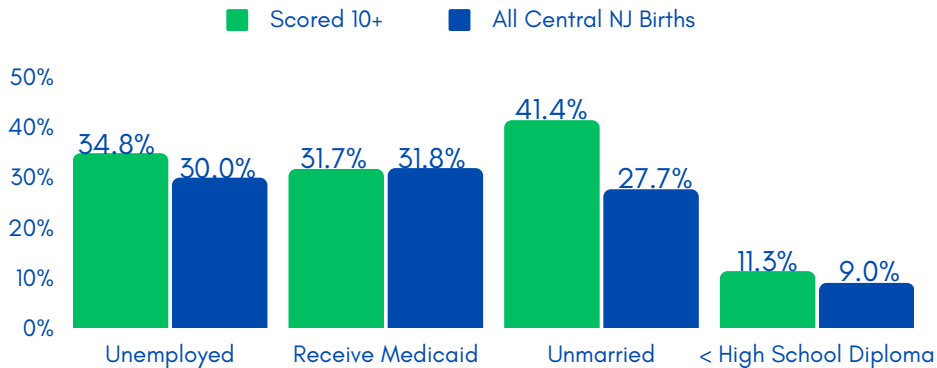
## Maternal Age

## Race/Ethnicity



## Birth Outcomes\*

## Social Factors



\*Prior history of mental/behavioral health issues defined as prior diagnosis and/or medication for mental health and related conditions in VERI. Adverse birth outcomes included are low birth weight, preterm delivery, and/or NICU admission. Adverse maternal outcomes as presented are defined by the presence of at least one maternal morbidity and/or an unscheduled c-section.

