

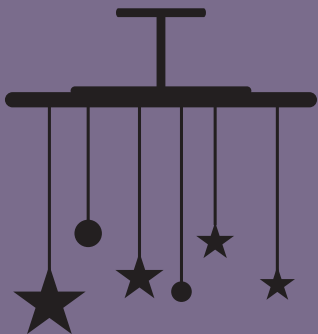


2021 Postpartum Depression: Data at a Glance

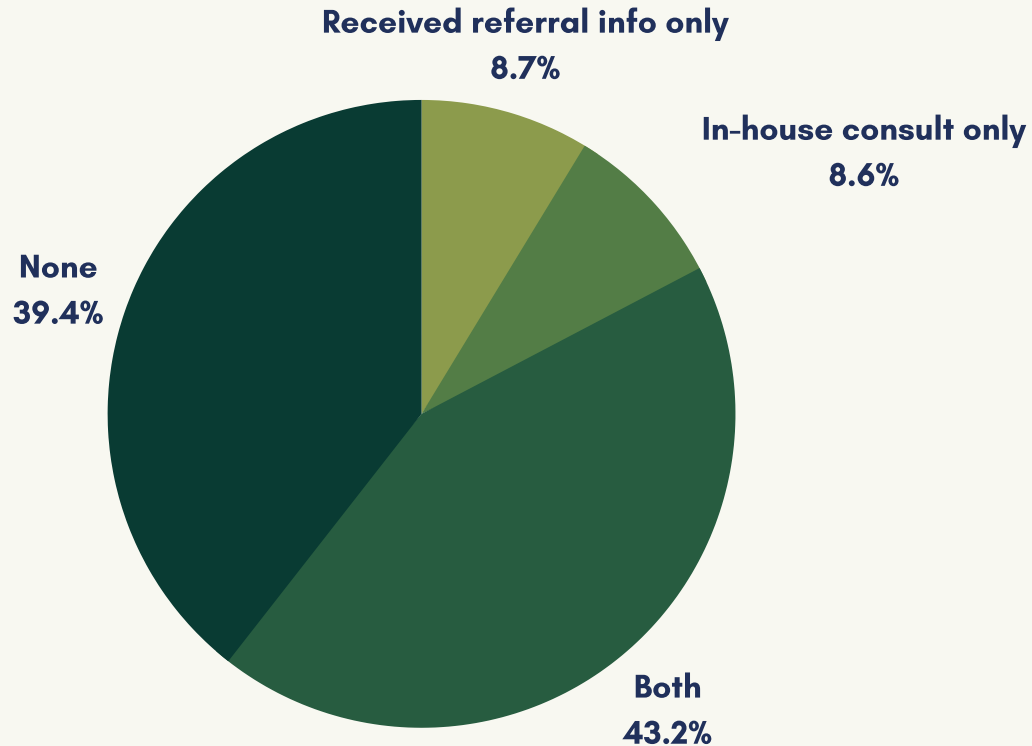


Quick Facts*

- Total Deliveries
 - **31,078**
- Total Screened
 - **30,453 (98.6%)**
- Total Screened 10+
 - **1,184 (3.9%)**
- Average EDPS Score
 - **2.6**

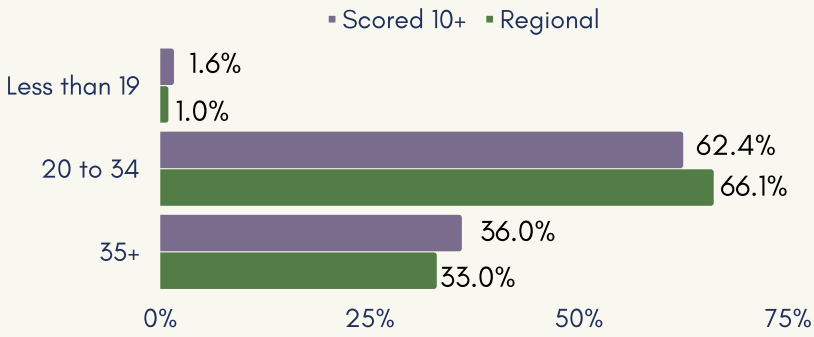


Referrals

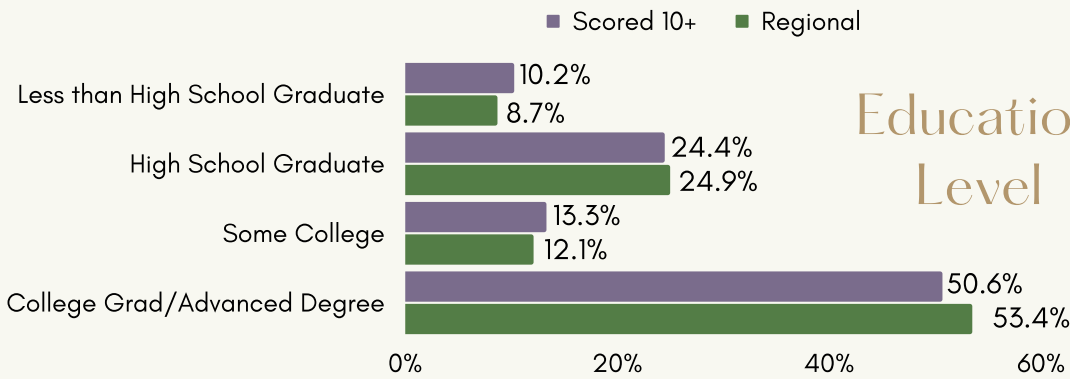
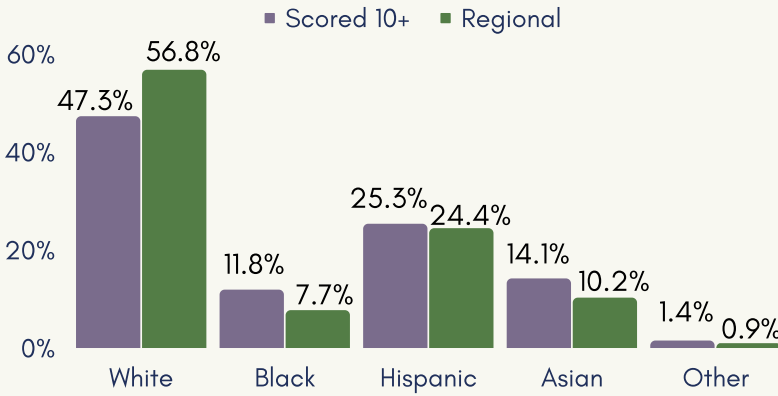


The Edinburgh Postnatal Depression Scale (EPDS) screens for possible depression symptoms in parents. An EPDS score of 10 or higher was considered to be at risk for experiencing postpartum depression. 43.2% of mothers in Central NJ who scored 10+ received both referrals and consults.

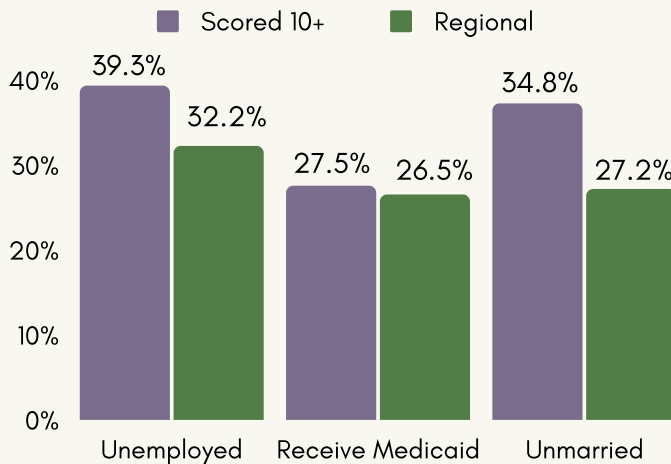
Maternal Characteristics*



Race/ Ethnicity



Social Factors



* Data have not been reconciled with individual hospitals nor validated by the NJ Department of Health, however data are considered preliminary estimates and should only be used for planning purposes.

Ensuring a legacy of health, one family at a time.