NJCOMMUNITY **RESOURCE TOOLKIT**

A TOOLKIT FOR NEW JERSEY FRONTLINE AND COMMUNITY WORKER RESOURCES



RUTGERS





NEW JERSEY DEPARTMENT OF





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SECTION 1 CORONAVIRUS BASICS

CORONAVIRUS BASICS WEB & MOBILE RESOURCES



MOBILE RESOURCES

CALL (GENERAL COVID-19 QUESTIONS: **2-1-1** (24/7)

CALL (MEDICAL COVID-19 QUESTIONS: 1-800-962-1253 (24/7)

> TEXT NJCOVID TO 898-211 TO RECEIVE ALERTS

CORONAVIRUS BASICS DEFINITION, SPREAD, & SYMPTOMS

WHAT IS CORONAVIRUS?

COVID-19 is a new disease, caused by a novel (or new) coronavirus that has not previously been seen in humans.

HOW IS CORONAVIRUS SPREAD?

There are simple things you can do to help keep yourself and others healthy.

- Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

WHAT ARE THE SYMPTOMS OF COVID-19?

- Fever
- Cough
- Shortness of breath
- Sore throat
- Muscle pain
- Headache
- Shivering
- Loss of taste or smell
- Have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.

CORONAVIRUS BASICS BEST PREVENTATIVE ACTIONS

THE FOLLOWING GUIDANCE AND REMINDERS ARE APPLICABLE BOTH AT WORK AND AT HOME



• Cover your mouth and nose with a cloth face cover when around others. You could still spread COVID-19 to others even if you do not feel sick. This face covering can be improvised from a variety of materials and tutorials are available online.



• Wash your hands frequently with soap and water for at least 20 seconds. Hand sanitizers are acceptable if no water is available where you are, but they are not the best option. Soap and water will mechanically remove dirt, grime, and possible pathogens from your hands.





- Cough or sneeze into your elbow or a tissue, then wash your hands. Coughing and sneezing into open air is both impolite and can put others at risk of catching whatever you may be carrying. Please advise your friends, families, and coworkers of this if witnessed.
- Maintain 'social distancing.' Try to maintain at least 6 feet between you and the nearest person where possible.
- If you are sick, for whatever reason, STAY HOME. You will heal faster and more comfortably and avoid possibly getting others sick. You are most infectious to others when you are symptomatic.

CORONAVIRUS BASICS GET TESTED FOR COVID-19 IN NJ

HOW TO GET TESTED FOR COVID-19 IN NEW JERSEY:

Testing is available to everyone in New Jersey.

You could have COVID-19 and not even know it. Find out if you have COVID-19 at any of the 400+ testing sites across New Jersey.

You don't need insurance and free testing is available. Anyone who wants a test, can now get one.

IT'S ESPECIALLY IMPORTANT TO GET TESTED IF:

- 1. You are experiencing symptoms (fever, cough, shortness of breath, chills, sore throat, muscle pain, shivering, headache, or new loss of taste or smell)
- 2. You have been in close contact with someone who tested positive for COVID-19
- 3. You are an essential worker (health care worker, first responder, food service worker, or transit worker)
- 4. You were recently in a large crowd where social distancing was hard to maintain
- 5. You recently travelled to an area or a state with high COVID-19 infection rates

ESTABLISHED CORONAVIRUS TEST SITES AND CONTACT TRACING

Find a Public Tesing Site

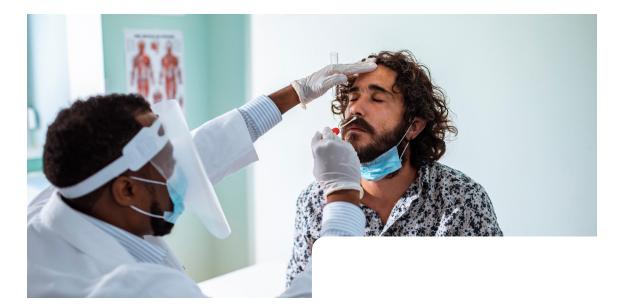
Resources for those who are Undocumented or Uninsured

Think you're experiencing symptoms? Take this Self-Assessment Test

Health Actions to Protect You and Your Family

CORONAVIRUS BASICS TESTING LOCATIONS

There are COVID-19 Testing Centers in NJ. By following the website link, you will be directed to an interactive map showing the nearest testing center.



CORONAVIRUS BASICS POSITIVE TEST RESULTS & NEXT STEPS

WHAT HAPPENS IF I TEST POSITIVE OR NEED TO QUARANTINE?

- If you test positive for COVID-19: A New Jersey contact tracer will reach out to you with life-saving information about how best to protect yourself and your family.
- COVID-19 is mainly spread from person to person, so contact tracers will ask about where you have been and the people you spent time with recently. With your help, those people will be told they may have been exposed to COVID-19. We will NEVER share your name or personal information.
- You will also likely be instructed to self-quarantine, staying home to avoid spreading the disease. Your family members will stay with you. However, there are things you can do to help ensure your family isn't infected and contact tracers can provide more information about how to do that.



NEXT STEPS AFTER TESTING:

Getting your test results is dependent upon where you went for testing. New Jersey's COVID-19 website explains how best to access these results. Go to <u>this page</u> and click on the question: "*I was tested for COVID-19. How do I get my results?*"

Here's what to do if you <u>test positive</u> for COVID-19 (<u>Spanish version</u>) Here's what to do if you <u>test negative</u> for COVID-19 (<u>Spanish version</u>) People are recovering! Follow <u>basic guidelines</u> as your health improves.

CORONAVIRUS BASICS CONTACT TRACING & QUARANTINE AT HOME

CONTACT TRACING

Once a person is known to have tested positive, it is essential that those whom they've been in contact with be notified. New Jersey is building a robust and diverse contact tracing force. Find out more <u>here</u>.

Contact tracers will also connect you to medical care and any help you or your family may need during this difficult time. There are many programs in place to help you and your family including medical treatment, unemployment insurance, childcare resources, and food assistance.



WHAT IF I CAN'T SAFELY QUARANTINE AT HOME?

When a contact tracer calls, they will discuss any needs you may have, inquire about your living situation, and connect you with additional support if you require help. The State and local health departments are securing beds at hotels, field medical stations, and other locations for individuals who cannot safely quarantine at home. Contact your local health department: interactive map or a printable directory of local health departments and local health officers.

CORONAVIRUS BASICS GET FOOD AND OTHER ESSENTIALS IN QUARANTINE



WHAT IF I NEED HELP GETTING FOOD AND OTHER ESSENTIALS DURING QUARANTINE?

Many pharmacies and grocery stores offer delivery. Please use these services to the extent possible. A friend or relative may also be able to bring you the supplies you need.

Local food banks may also be able to deliver to your home. <u>Contact a</u> <u>food bank</u> in your area and let them know about your situation. To find a local food bank, <u>refer to this directory</u>.

Seniors unable to prepare their meals and have no family member, friend, neighbor or caregiver to help may be eligible for home-delivered meals. <u>Contact your local Area Agencies on Aging</u> for assistance.

In addition, the New Jersey Division of Disability Services provides meals for individuals with permanent disabilities under the age of 60 living alone without support and who have an increased level of risk for serious or lifethreatening complications if exposed to COVID-19.

New Jerseyans enrolled in SNAP may use their Families First EBT card to purchase eligible groceries online through Amazon, Walmart, ShopRite, and The Fresh Grocer. Under federal rules, SNAP benefits cannot be used to pay for delivery fees. Recipients can register their EBT card with Amazon at <u>Amazon.com/SNAP</u>. To learn more about their SNAP programs, visit <u>Walmart, Shoprite</u>, or <u>The Fresh Grocer</u>.

Those in need of food, cash, or other assistance, can <u>learn about what</u> programs are available and how to apply at New Jersey's <u>official</u> <u>COVID-19 website</u> in <u>English</u> and <u>Spanish</u>.

CORONAVIRUS BASICS

VACCINATION ACCESS

New Jersey has experienced over 650,000 positive cases and more than 19,000 deaths associated with COVID-19. Vaccination is the latest tool in our toolbox to stop the spread. New Jersey recently rolled out COVID-19 vaccines step-by-step to serve all who live, work or study in the state.



Who is eligible for vaccination at this time?

To view populations eligible for vaccination visit the NJ COVID-19 Information Hub

Currently, vaccines are available to the following groups:

- Paid and unpaid healthcare workers
- Residents and workers of long-term care and high-risk congregate care facilities
- First responders including sworn law enforcement and fire professionals
- Individuals aged 65 and over
- Individuals aged 16-64 that have certain medical conditions that increase the risk of severe illness from the virus
- Pre-K to 12 educators and staff
- Childcare workers in licensed and registered settings
- Transportation workers
- Additional public safety workers
- Additional high-risk individuals

Beginning March 29th, additional frontline essential workers will be eligible to book vaccine appointments.

Beginning April 5th, individuals aged 55 and over, additional essential workers, and individuals with intellectual and developmental disabilities 16 and over, detailed below, will be eligible to book appointments.

CORONAVIRUS BASICS

DOH requests your assistance to share key information that ensures an equitable and efficient COVID-19 Vaccination Program. Help with the following six actions:

1. Encourage your community to stay up-to-date

- Learn the latest on vaccination by visiting <u>covid19.nj.cov/vaccine</u>
- Subscribe to Vax Matters, the weekly newsletter issued by NJDOH focused on key updates regarding COVID-19 vaccination in New Jersey:

https://www.state.nj.us/health/cd/topics/vmsignup.shtml

 Read the latest from the Centers for Disease Control and Prevention (CDC): <u>https://www.cdc.gov/coronavirus/2019-ncov/</u> <u>vaccines/index.html</u>

2. Share factual and reliable information

- Follow @NJDeptofHealth, @NJGov, and @GovMurphy on social media
- Visit <u>covid19.nj.gov</u> for information on the State's COVID-19 response
- Join a COVID-19 Vaccination Essentials webinar co-hosted by the New Jersey Department of Health, Rutgers Project ECHO, and the Nicholson Foundation: <u>https://rwjms.rutgers.edu/community_health/project-echo/covid-19</u>

3. Inform Phase IA health care workers to pre-register for COVID-19 vaccination

• Register at covid19.nj.gov/vaccine

4. Host or staff a point of dispensing site

- Pre-register to host a point of dispensing site: <u>njiis.nj.gov/core/</u> <u>web/index.html#/newFacilityEnrollment</u>
- *Coming soon!* Sign-up to help supplement staffing at existing point of dispensing sites.

CORONAVIRUS BASICS

5. Continue public health best practices

- Thank you for continuing to wear masks, social distancing, practicing hand hygiene, and following public health guidance and directives for everyone's safety.
- Sign up to fight COVID by downloading the COVID Alert NJApp here: https://covid19.nj.gov/pages/app

6. Help health care workers get vaccinated

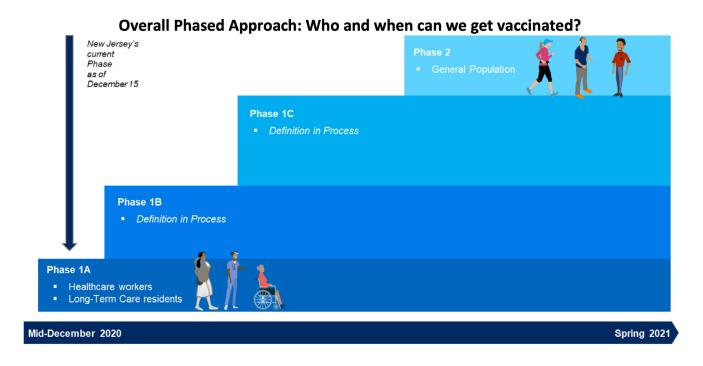
- If you are eligible under the definition of Phase IA, 1 encourage you to schedule your appointment for the COVID-19 vaccine. This will to protect yourself and your community against severe COVID-19 symptoms.
- Vaccine dispensing sites are NOW OPEN across New Jersey for Phase IA healthcare workers.
- Potential vaccine recipients that fall in Phase IA healthcare workers can choose the vaccine dispensing site nearest to their home or work.
- Please call the site's phone number to schedule an appointment.

Facility Name	Facility Address	County	Phone Number for Appointments + Questions	Facility Website
		Atlantic C	ounty	
Atlanticare Health Services FQHC	1401 Atlantic Avenue, Suite 2800 Atlantic City, NJ 08401	Atlantic	(609) 572-6040	
Atlantic County Health Department	Atlantic Cape Community College	Atlant		
MediLink RxCare Hammonton, LLC	44 South White Horse Pike Hammonton, NJ 08037	Atlant		
ShopRite Pharmacy #612	23 Bethel Road, Somers Point, NJ 08244	Atlant		
ShopRite Pharmacy #633	616 White Horse Pike, Absecon, NJ 08201	Atlant		
Southern Jersey Family Medical Centers Atlantic City Center	1301 Atlantic Avenue Atlantic City, NJ 08401			

- No walk-in appointments are available at this time.
- Please note that vaccine dispensing sites vary in hours of operation and scheduling processes.
- We ask for your patience as the State and vaccine dispensing sites continue to refine our operations for the vaccines program.
- Those not yet eligible for the vaccine, you can learn more about the vaccines program on <u>covid19.nj.gov</u>.

CORONAVIRUS BASICS NEW JERSEY'S PHASED APPROACH TO COVID-19 VACCINATION

New Jersey is using a phased approach to COVID-19 vaccination to ensure that limited vaccines are distributed in a fair and equitable manner. Phase 1A started December 15, 2020. During 2021, additional people will become eligible to receive vaccination in New Jersey. Decisions about priority groups and how the doses will be spread across the state may change based on changes in vaccine supply and public demand.



CORONAVIRUS BASICS NJ 211 SOCIAL SUPPORT RESOURCES



COVID-19 UNEMPLOYMENT, FAMILY LEAVE AND RELATED MATTERS

COVID-19 AND MENTAL HEALTH

COVID-19 HOUSING ASSISTANCE

COVID-19 HOW YOU CAN HELP

COVID-19 RUMOR CONTROL, SCAMS AND RELATED TOPICS

COVID-19 VACCINE FAQS

SECTION 2 SOCIAL SUPPORT RESOURCES

SOCIAL SUPPORT RESOURCES



NJ FAMILYCARE IS ADMINISTERED BY THE DIVISION OF MEDICAL ASSISTANCE AND HEALTH SERVICES, WHICH IS PART OF THE NEW JERSEY DEPARTMENT OF HUMAN SERVICES.



FAMILY CARE

ELIGIBILITY REQUIREMENTS

Who is eligible for NJ FamilyCare?

NJ residents that are either:

- US citizens, or
- Eligible immigrants (with documentation and US residency for 5 years, if adult)
- Income and assets not beyond threshold requirements.

Must meet income requirements. These are dictated by federal rules (and are tied to the Federal Poverty Level or FPL). The rules are complicated! Some examples:

- For a family of four:
 - Children are eligible if family income is less than \$93,012
 - Parents are eligible if family income is less than \$36,156
- Single, pregnant mother with one other child is eligible if she earns less than \$44,532

Two key changes to eligibility during the public health emergency:

- If someone was enrolled in Medicaid at the beginning of the pandemic, they will maintain coverage through the end of the emergency (likely into 2022).
- This is true even if their income goes up or other relevant circumstances change.
- Limited exceptions: death, voluntarily disenrollment, move out of state.
- Children enrolled in CHIP are not required to pay premiums during the public health emergency.

For more detail on eligibility go to <u>www.njfamilycare.org</u>

SERVICES

Who is eligible for NJ FamilyCare?

Services that meet the requirements for medical necessity, which can include:

- Medical services, including hospitalizations
- Dental services
- Behavioral health
 services
- Substance use services
- Vision and hearing services
- Prescriptions
- Laboratory tests
- Imaging studies
- Long-term care
- Non-emergency transportation

MANAGED CARE

- New Jersey contracts with 5 health plans to provide benefits to NJ FamilyCare members.
- Health plans are also known as managed care organizations (MCOs) or Health Maintenance Organization (HMOs).
- Most of NJ's Medicaid beneficiaries (95%) are enrolled in a managed care organization (MCO).
- Some beneficiaries do not have an MCO. In this case, the state directly pays for the cost of their care.

Services that meet the requirements for medical necessity, which can include:

- Referred to as "fee-for-service" or "straight Medicaid"
- This happens most often when someone is new to Medicaid.
- The 5 New Jersey Medicaid MCOs are:
 - Aetna
 - Amerigroup
 - Horizon NJ Health
 - UnitedHealthCare
 - WellCare
- Medicaid beneficiaries can choose which MCO to enroll in.

FAMILY CARE ENROLLMENT PROCESS

THERE ARE MULTIPLE WAYS TO ENROLL IN NJ FAMILYCARE:



Online at NJFamilycare.org



Through GetCovered NJ (<u>www.nj.gov/getcoverednj</u>)



In-person or via mail through a County Board of Social Services



Via phone: 800-701-0710



When seeking care at qualified providers (through "presumptive eligibility")

FAMILY CARE NJ FAMILYCARE COVID-19 TESTING



Free COVID testing is available to all New Jersey residents, including NJ FamilyCare members.

NJ FamilyCare members can contact their health plan to request assistance in accessing a test.

Testing is recommended:

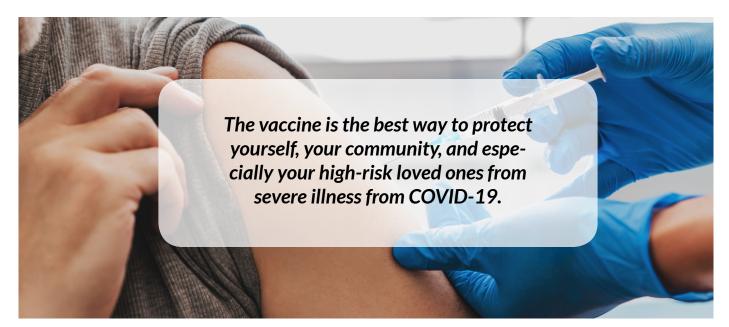
- If symptoms are present, loss of taste/smell, fever, chills, sore throat, muscle aches, and headache.
- Close contact with a person who has tested positive for COVID-19
- Recently in a large crowd where social distancing was not maintained
- Essential workers
- Recent out of state travel

FAMILY CARE COVID-19 VACCINES

Current information on access to vaccines is available at

https://covid19.nj.gov/vaccine

https://www.cdc.gov/coronavirus/2019-ncov/vaccines/safety. html



Safety and efficacy of vaccines

- Clinical trials of all vaccines must first show they are safe and effective before any vaccine can be authorized or approved for use, including COVID-19 vaccines.
- All COVID-19 vaccines currently available in the United States have been shown to be highly effective at preventing COVID-19.
- You cannot get Covid-19 from receiving the vaccine. The vaccine contains substances that stimulate an immune response but does not contain the live virus.
- Wearing masks and social distancing help reduce your chance of being exposed to the virus or spreading it to others, but these measures are not enough. Vaccines will work with your immune system so it will be ready to fight the virus if you are exposed.
- Types of vaccines As of 2/19/21, the FDA has issued emergency use authorization (EUA) for 2 vaccines, Moderna's COVID-19 vaccine and Pfizer-BioNTech's COVID-19 vaccine. Other

FAMILY CARE COVID-19 VACCINES

- **Types of vaccines** As of 2/19/21, the FDA has issued emergency use authorization (EUA) for 2 vaccines, Moderna's COVID-19 vaccine and Pfizer-BioNTech's COVID-19 vaccine. Other COVID-19 vaccine candidates remain in development.
- Who is eligible for the vaccine? The COVID-19 vaccine is now available in New Jersey for people 65 and older. NJ is vaccinating in phases for people aged 16 to 64, starting with essential workers, long-term care residents, and people with certain high risk conditions.
- Where can I get a vaccine? Pre-register now through the NJ Vaccine Scheduling System at <u>www.covid19.nj.gov</u> or make an appointment with a vaccine location directly.
 - If you do not have internet access, you can also call 1-855-568-0545 (TTY 711) for help.
 - Veterans may be eligible through the VA.
 - All vaccines are free of charge, including to NJ FamilyCare members
 - Insurance can be billed for administration fee
 - NJ FamilyCare members can contact their health plan for information on how to get vaccinated.



SOCIAL SUPPORT RESOURCES

THE NEW JERSEY DEPARTMENT OF HUMAN SERVICES (DHS) ANNOUNCED THAT THE STATE WILL EXTEND THE FOLLOWING COVID-19 RELATED CHILD CARE ASSISTANCE FOR FAMILIES AND PROVIDERS THROUGH JANUARY 31ST.

SUPPORT FOR FAMILIES

- State Child Care Subsidy during School Day for school-age children 5- to 13-year-old, extended.
- Child Care Tuition Assistance for Children in Families Earning up to \$150,000 and in Remote Learning, extended for families already enrolled in this program. This tuition assistance is available to families with incomes up to \$150,000 that are not eligible for the state Child Care Subsidy Program but in need of either full- or part-time child care due to their child's school's remote learning schedule.
- State Child Care Subsidy Program parent co-pays will continue to be waived for those who request it due to impacts from COVID-19.
- To learn more about the state's Child Care Subsidy Program, please visit <u>childcarenj.gov</u>.

CHILD CARE CHILD CARE ASSISTANCE

SUPPORT TO CHILD CARE CENTERS

- Providers will continue to receive a supplemental payment of \$300 per subsidy-eligible child for January, including infants, toddlers, and school-age children.
- Providers will continue to be paid based on the number of enrolled children who receive state assistance in their program, rather than attendance.
- Read more from <u>nj.gov/dcf</u>.



OTHER RESOURCES

Local Child Care Resource and Referral

DFD Child Care Program

DFD Child Care COVID-19 Information

DFD Community Resources

<u>Childcare Aware</u> <u>NJ Head Start Program</u>

Child Suppot Services

NJSACC The Statewide Network for New Jersey's Afterschool Communities

CHILD CARE RESOURCES FOR DOULAS

THE GOVERNOR'S BUDGET AND PUBLIC LAW 2019, CHAPTER 85 REQUIRES NJ FAMILYCARE/MEDICAID (NJFC) COVERAGE FOR DOULA CARE. THE LEGISLATION ALLOWS DOULAS TO ENROLL AS NJFC/M PROVIDERS AND RECEIVE NJFC/M REIMBURSEMENT FOR DOULA CARE SERVICES.



Effective January 1, 2021, a doula or an agency providing doula services may enroll, as a NJFC provider in fee-for-service (FFS) and managed care. Read more provider enrollment and regulatory requirements on the <u>official memo from NJDHS about</u> <u>doula reimbursement</u>.

COVID-19 RESOURCES & SUPPORT FOR CHILD CARE PROVIDERS IN NEW JERSEY



If you are providing child care services during this time, you are not alone! Support and resources are available through the joint efforts of the following organizations.



SOCIAL-EMOTIONAL HEALTH RESOURCES

MONTCLAIR STATE UNIVERSITY Center for Autism and Early Childhood Mental Health

Socio-Emotional Formation Initiative www.montclair.edu

(973) 655-3890 or sefi@montclair.edu

- Short-term mental health support for children under age 18 and their families
- Support for program staff, how to work with challenging behaviors and strategies for including children with special needs
- Support for directors/administrators on managing stress, including webinars on the impact of stress and trauma, and emotional wellness for staff

HEALTH & SAFETY RESOURCES



Child Care Health Consultants www.cjfhc.org

1-888-999-1780 or cchc@cjfhc.org

- Statewide email blasts providing new and updated resources on COVID-19
- Webinars to discuss and support the implementation of child care guidance and best practice standards in health & safety
- Health consultations and technical assistance for child care providers by phone, online and virtually



RESOURCES FOR SCHOOL-AGE CARE PROVIDERS

NJSACC The Statewide Network for New Jersey's Afterschool Communities www.njsacc.org

(908) 789-0259 or sac@njsacc.org

- NJSACC's COVID-19 Update Page provides links to important topics such as:
 - Guidelines for Emergency Child Care and Afterschool Services
 - How to Talk to Your Kids About Coronavirus
 - Addressing Hunger During the Outbreak
- Virtual meetings to discuss the impact of the COVID-19 pandemic on school-age programs/services
- Free online professional development: https://njsacc.org/weblearning
 - New Jersey Quality Standards for Afterschool (NJQSA) Overview of the development and use
 - On the Road to Quality Overview of how to use the NJQSA self-assessment tool and rating form
 - Positive Behavior Management Techniques to encourage positive behavior in youth

(06/10/20)

Please refer to www.childcarenj.gov for information on training and technical assistance

SOCIAL SUPPORT RESOURCES

Schools are required to <u>provide in-person education</u> as long as they can adhere to safety protocols mandated by the state. If they cannot do that, they must submit documentation that specifies their limitations and their plan for remediation with a target date for reopening. Parents in all school districts have the right to choose remote learning for their children if that is their preference. All students and faculty must wear masks while in school. For further updates visit the <u>NJ Department of Education website</u>.

The Department of Education has provided resources to help every community stay prepared, healthy, and safe.

SOCIAL SUPPORT RESOURCES



SNAP Application

SNAP Website

HOW DO I APPLY FOR SNAP?

New Jersey has an online application and screening tool, <u>NJHelps</u>, that can be used to see if you are eligible for food assistance (SNAP), cash assistance (WFNJ/TANF or WFNJ/GA), and health Insurance (NJ FamilyCare/Medicaid). From there, you can apply for services or learn about additional resources.

To learn more about how to apply for affordable health coverage, visit <u>NJfamilycare.org</u>, which provides coverage for kids and certain low-income parents.

To learn more about NJ SNAP and apply for help buying groceries, you can also visit, <u>https://www.nj.gov/</u> <u>humanservices/njsnap/</u>.

SNAP UPDATES

Simplified Application Process: During this public health crisis, the State has made the application process for SNAP food assistance simpler. For example, a hard copy signature for your application and an interview are no longer required to apply for SNAP during this emergency.

Through a new online tool, available on <u>NJOneApp</u>, SNAP applicants can upload the documentation needed for applications electronically instead of mailing or dropping off documents to the county enrollment offices.

food SNAP

SNAP UPDATES (CONTINUED)

Extra SNAP Benefit: NJ SNAP recipients will receive at least a 15 percent increase in benefits in January to help address food needs related to the ongoing COVID-19 pandemic. A 15 percent increase in SNAP benefits was included in the recently signed federal relief legislation and will be in effect through June 2021. In addition, eligible SNAP recipients are receiving additional SNAP benefits through NJ DHS. The amount you receive will be the difference between your regular SNAP benefit and the maximum benefit for your family size. If you already receive the maximum benefit, you will not be eligible for this extra payment. The State distributed \$390 million in additional SNAP benefits from March to December.

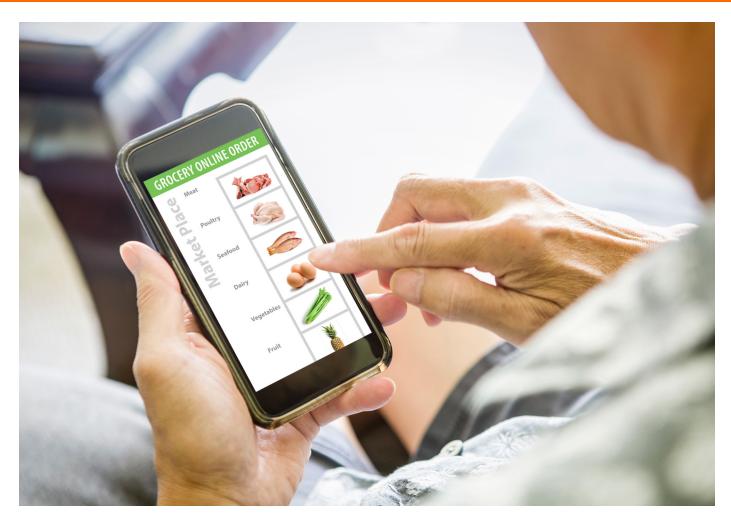
Extra Benefits for Children: Special Pandemic-EBT (P-EBT) benefits are being provided to children who normally receive free or reduced-price school meals. For the 2020-2021 school year, P-EBT benefits in the amount of \$99.62 per eligible child are being issued for students receiving free- or reduced-price school meals and are attending schools with a remote learning schedule of at least 5 consecutive days. No application is necessary. The majority of P-EBT eligible families participating in SNAP will receive their benefit on their household's existing Families First EBT card. All other P-EBT eligible households were mailed a P-EBT card. More information is available on the P-EBT page.

Note: P-EBT has been extended through September 30, 2021 by the federal government. The NJ Department of Human Services is developing plans for continued P-EBT issuance through September 2021 under the new P-EBT eligibility criteria.

SNAP Work Activities: During the current public health crisis, your case will not be closed if you are unable to participate in a work activity.

SNAP Recertification Extension: If your case is due to be recertified in March, April, May, June, July, August, September, October, November or December, and you are unable to get your paperwork in or complete your interview, your case will not be closed. You will receive your benefits on the usual day. Your case has been granted a six-month extension from the date your recertification is due. More information will follow on your new recertification date. In the meantime, you will continue to receive SNAP benefits.

food SNAP



SNAP UPDATES (CONTINUED)

Online Grocery Shopping: New Jerseyans enrolled in SNAP may use their Families First EBT card to purchase eligible groceries online through Amazon, Walmart, ShopRite, and The Fresh Grocer. Under federal rules, SNAP benefits cannot be used to pay for delivery fees. Recipients can register their EBT card with Amazon at <u>Amazon.com/SNAP</u>. To learn more about their SNAP programs, visit <u>Walmart</u>, <u>Shoprite</u>, or <u>The Fresh Grocer</u>.

OTHER RESOURCES

USDA Nationwide Food Waivers NJ Department of Agriculture

<u>NJ Departmant</u> of Agriculture Division of Food and <u>Nutrition</u>

FOOD

For more NJ SNAP information visit www.njsnap.gov

Call 1-800-687-9512 or your County Board of Social Services:

Atlantic	609-348-3001	Middlesex	732-745-3500
Bergen	201-368-4200	Monmouth	732-431-6000
Burlington	609-261-1000	Morris	973-326-7800
Camden	856-225-8800	Ocean	732-349-1500
Cape May	609-886-6200	Passaic	973-881-0100
Cumberland	856-691-4600	Salem	856-299-7200
Essex	973-733-3000	Somerset	908-526-8800
Gloucester	856-582-9200	Sussex	973-383-3600
Hudson	201-420-3000	Union	908-965-2700
Hunterdon	908-788-1300	Warren	908-475-6301
Mercer	609-989-4320		

Philip D. Murphy, *Governor* Sheila Y. Oliver, *Lt. Governor*

New Jersey Department of Human Services Division of Family Development

Produced by NJ DHS Office of Publications 10/20

USDA Nondiscrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

mail: U.S. Department of Agriculture
 fax: (202) 690-7442; or (3) email: program.intake@usda.gov
 Office of the Assistant Secretary for Civil Rights
 1400 Independence Avenue, SW

Washington, D.C. 20250-9410;

This institution is an equal opportunity provider.

FOOD

HOW DO I APPLY FOR WIC?

To apply for support through the NJ WIC Program (Special Supplemental Nutrition Program for Women, Infants, and Children), applicants can visit <u>https://nj.gov/health/</u> <u>fhs/wic/participants/find-wic</u> and contact their local WIC office by phone. During the coronavirus outbreak, new applicants will be assessed, certified and issued benefits remotely.

In light of COVID-19, New Jersey WIC has made several important changes to better serve residents:



NJ WIC

WIC Local Agencies

WIC Patient Portal

- New participants can apply for WIC services remotely by visiting: wic.nj.gov/ <u>ParticipantPortal/</u>, there is no need to be physically present at a WIC agency.
- Current participants can continue to receive benefits by having 3 months' worth of checks mailed to their homes.
- Participants who are quarantined and unable to leave their homes to purchase foods, can designate an emergency proxy who can cash their checks at a store on their behalf.
- Food choices have been expanded, giving participants more flexibility in the brand and size of foods they buy at the store. For more information, visit the <u>NJ WIC website</u> or check out their <u>flyer</u>.
- The State is working closely with their infant formula contractor to ensure formula supplies are fully stocked at stores.
- The State is also working closely with their authorized stores to ensure that limits placed on certain food items to customers are not placed on WIC participants.
- The State has modified WIC's farmers' markets program, allowing participants to receive their vouchers primarily by mail, unless a pickup arrangement can be set up safely. Participants can also designate a proxy to pick up their produce from the markets for them.

Food Accessibility in New Jersey

FULFILL – Monmouth & Ocean Counties

Has set up Text communications – Text 888.918.2729 enter <u>FindFood</u> or <u>Comida</u> and send. You will be prompted to enter your zip code. You will be given the 3 closest pantries to you. You can also call – 732-918-2600 Or visit their website - <u>www.Fulfillnj.org</u>

NORWESCAP - Hunterdon, Sussex & Warren Counties

Call 908-454-4322 For pantries in your area Or visit their website - <u>www.Norwescap.org</u> Meal deliveries for Seniors are available in both Sussex and Warren Counties. Contact NORWESCAP for details

FOOD BANK OF SOUTH JERSEY - Burlington, Camden, Gloucester & Salem Counties

Call 856-662-4884, option #1 for pantry locations -

Or visit their website - www.foodbanksj.org

They have a zip code locator to connect you with your preferred service area. Below the Zip Code Locator on their website, is a link that shares all the pantry and soup kitchen information. There are schedules listed for their Direct Service distributions (HopeMobiles and Pop-up Pantries).

Visit their Instagram page "foodbanksj" where every day there is a posting titled "Today's Food Distribution."

SOUTHERN REGIONAL FDC - Atlantic, Camden, Cape May, Cumberland, Gloucester & Salem Counties

Call 856-327-3145 for Pantry locations. Visit their website - <u>www.Ruraldevelopmentcorp.org</u> for the most current distribution information.

MERCER STREET FRIENDS – Mercer County

Call 609-406-0503 for local Pantries Visit their website at <u>www.mercerstreetfriends.org/</u> for the weekly pop-up distribution sites and a map of all locations. Distribution sites at Trenton Schools – call for schedules Email contact – <u>sanderson@mercerstreetfriends.org</u> Facebook – Mercer Street Friends Twitter - @mercerstreetfriends Instagram - @mercerstreetfriends

COMMUNITY FOOD BANK –

Call 908-355-3663 - Bergen, Essex, Hudson, Middlesex, Morris, Passaic, Somerset & Union Counties Call 609-383-8843 -Atlantic, Cape May & Cumberland Counties Visit their website <u>www.Cfbnj.org</u> – FindFood will direct you to your local pantries Facebook – The Community Food Bank of New Jersey

Additional resources in food sourcing:

www.helpnjnow.org

www.nj211.org

www.hungerfreenj.org

www.njvoad.org

This is not a complete list of available resources. For more information visit www.nj.gov

SOCIAL SUPPORT RESOURCES HEALTH INSURANCE & MENTAL HEALTH SERVICES

HOW DO I APPLY FOR HEALTH INSURANCE ASSISTANCE?

New Jersey residents will no longer use HealthCare.gov to enroll in Marketplace health insurance plans. Instead, Marketplace plans and financial help will only be available through New Jersey's new state-run health-care exchange Get Covered New Jersey at <u>getcovered.nj.gov</u>.

Get Covered New Jersey provides a one-stop shop for health insurance for residents who do not have coverage from an employer or other program. Under the new health exchange, individuals eligible for subsidy assistance and premium tax credits will find the lowest net premiums since the passage of the Affordable Care Act more than a decade ago.

For these individuals, the cost of health care is estimated to be \$117 a month – a savings of nearly \$50 a month from the current year and even \$30 per month cheaper than a plan purchased in 2014. About 8 in 10 consumers purchasing coverage on Get Covered New Jersey will qualify for assistance.

To learn more about insurance subsidies and how to apply, visit <u>getcovered.nj.gov</u>.

You can also apply online at <u>NJHelps.org</u> or if you do not have a computer, you can apply by phone by calling your <u>local board of social services</u>. You can also <u>download the application</u> and mail it into the local board of social services.

NOTE: Children and eligible low-income parents, pregnant women, or individuals with disabilities may also obtain affordable health coverage through NJ Family Care. Visit <u>NJfamilycare.org</u> to learn more.

HEALTH INSURANCE AND MENTAL HEALTH SERVICES MENTAL HEALTH SERVICES

Uncertainty and concern for our own health and livelihood, along with the well- being of those we love and our community at large is a very stressful thing to live with. If you are struggling with anxiety, depression, anger, grief or feeling overwhelmed; or you know someone who is suffering in this way, look to our <u>mental health page</u> for resources that can help. We've included many of New Jersey's helplines and hotlines, resources that will help you connect with people you can talk with about how you are feeling as well as virtual support groups that are being held.



Mental Health Association in New Jersey (MHANJ) is a statewide community support group focusing on mental health. MHANJ provides online support groups/remote learning. advocacy, education, training, and other services. Open to all NJ citizens.

SOCIAL SUPPORT RESOURCES

HOUSING

To find out about programs that have been created or expanded to help homeowners, landlords and renters who have been impacted by the pandemic, visit our <u>COVID-19 Housing page</u>.



UTILITIES

As announced by Governor Murphy at his briefing on October 15, no household may have its electricity, gas service, or water shut off for nonpayment through March 15, 2021. If there is any customer whose service has been shut off due to nonpayment during the pandemic, that service must be restored. Learn about <u>utility assistance programs</u> in our state that may help you if you are struggling to pay your utility bills.

SOCIAL SUPPORT RESOURCES

Access Link is a state paratransit program for individuals with disabilities. This service provides public transportation comparable to the NJ TRANSIT local fixed route bus and light rail systems for individuals with disabilities who are unable to use the local fixed route bus for some or all of their rides.

Transportation Management Associations (TMAs) are non-profit, public-private partnerships dedicated to reducing traffic congestion and improving mobility by promoting alternative commuting modes like transit, community shuttles, van/carpool programs and walking/biking options. Eight TMAs cover all 21 counties in New Jersey. <u>Find the TMA serving</u> <u>your county.</u>

LogistiCare provides non-emergency medical transportation to NJ Family Care/Medicaid clients living anywhere in the state. Though different counties have varied regulations LogistiCare will provide some level of transportation to appointments. For more information about this resource or to make an appointment for a ride, call 1-866-527-9933. Visit the LogistiCare website for more information and required documentation and forms.

The New Jersey Travel Independence Program (NJTIP) @ Rutgers was created in an effort to increase the independence and self-sufficiency of people with disabilities, older adults and others by empowering them to use the public transit system safely and independently. Travel instruction is also available in select counties to individuals and small groups based on available grant funding. Learn more about this service by visiting their website. You may contact the service by phone at 848.932.4499

social support resources COVID-19 WORKER PROTECTION & BENEFITS RESOURCE LIST

COVID-19 Testing and Job Worries? Top 5 Things to Know – Available in English and Spanish

NJ Department of Labor & Workforce Development (NJDOL) www.nj.gov/labor/

Workplace health and safety, COVID-19 related benefits/protections, including paid sick leave, Temporary Disability & Family Leave insurance (NJ paid family and medical leave), unemployment assistance, and workers compensation.

*Please note: A federal relief package was signed on December 27, 2020. NJDOL is awaiting federal guidance and will provide updated information on our webpages as soon as possible.

- Benefits Eligibility Tool available in English and Spanish
- Worker Benefits, Protections, and the Coronavirus (COVID-19) What NJ Workers Should Know: <u>nj.gov/labor/covidbenefits</u>
- COVID-19 Scenarios and Benefits:
 - Available in English and Spanish
 - Also available in Arabic, Chinese (simplified and traditional), Gujarati, Haitian Creole, Hindi, Italian, Korean, Nepali, Polish, Portuguese, Punjabi, Tagalog, Vietnamese: <u>https://www.nj.gov/ labor/worker-protections/earnedsick/covid.shtml</u>
- Workplace Health and Safety COVID-19 rights and protections, how to file a complaint
- <u>COVID-19 Discrimination</u> workers cannot be fired for taking time off to test/quarantine
- <u>New Jersey Earned Sick Leave</u>

WORKER PROTECTIONS BENEFITS

- NJ Paid Family and Medical Leave
 - Temporary Disability Insurance benefits: <u>www.myleavebenefits.nj.gov</u>
 - Family Leave Insurance benefits: <u>www.myleavebenefits.nj.gov</u>
- Pandemic Unemployment Assistance benefits
- Workers' Compensation
- Mandatory remote learning benefits and protections
- <u>Returning to work amid COVID-19 benefits and</u> protections
- Immigrant eligibility for COVID-19 relief programs (a DHS resource):
 - Available in English and Spanish

NJ Division on Civil Rights (DCR)

njoag.gov

Civil rights information, including job-protected family leave under the New Jersey Family Leave Act, Law Against Discrimination, and filing a complaint

- New Jersey Family Leave Act job-protected leave to care for a loved one:
 - Available in English and Spanish
 - Also available in Arabic, Brazilian Portuguese, Chinese (simplified and traditional), Gujarati, Haitian Creole, Korean, Polish, and Russian: www.njoag.gov/about/divisions-and-offices/ division-on-civil-rights-home/division-on-civil-rightsresources/
- New Jersey Law Against Discrimination workers cannot be discriminated against for their actual or perceived disability (including having COVID-19) or other protected characteristics:
 - Available in English and Spanish

WORKER PROTECTIONS BENEFITS

- Also available in Arabic, Brazilian Portuguese, Chinese (simplified and traditional), Gujarati, Haitian Creole, Korean, Polish, and Russian: <u>www.njoag.gov/about/divisions-and-offices/</u> <u>division-on-civil-rights-home/covid-19-resources/</u>
- Civil Rights and COVID-19 FAQs:
- File a complaint with DCR:
 - <u>Complaint Process</u>
- Other DCR fact sheets, reports, and laws & regulations
 - Fact sheets available in English, Spanish, Arabic, Brazilian Portuguese, Chinese (simplified and traditional), Gujarati, Haitian Creole, Korean, Polish, Punjabi, Russian and Urdu.
- New Jersey Law Against Discrimination workers cannot be discriminated against for their actual or perceived disability (including having COVID-19) or other protected characteristics:
- Available in English and Spanish
 - Also available in Arabic, Brazilian Portuguese, Chinese (simplified and traditional), Gujarati, Haitian Creole, Korean, Polish, and Russian: www.njoag.gov/about/divisions-and-offices/ division-on-civil-rights-home/covid-19-resources/

US Department of Labor www.dol.gov

Civil rights information, including job-protected family leave under the New Jersey Family Leave Act, Law Against Discrimination, and filing a complaint

- Federal Family and Medical Leave Act job-protected leave for your own medical condition or to care for certain family members
- Federal Emergency Paid Sick Leave (voluntary for employers as of 1/1/21; tax credits still apply): dol.gov and irs.gov/coronavirus/ new-employer-tax-credits
- Federal Emergency FMLA Childcare Leave (voluntary for employers as of 1/1/21; tax credits still apply): <u>dol.gov</u> and <u>irs.gov/</u> <u>coronavirus/new-employer-tax-credits</u>

IMMIGRANT ACCESS TO SERVICES

We want to make sure you and your family have access to affordable groceries and health care without fear. Here is a <u>fact sheet</u> to let you know what programs you can access. The new Public Charge final rule from the federal government may apply to you, and <u>this quick guide</u> can help you make informed decisions for your family.

INTERNET OR VOICE SERVICE

There was a moratorium against the disconnection of these services through November 15, 2020. Cable and telecommunications providers are now required to enroll customers with an already existing account in an interest free payment plan of at least 12 equal monthly installments, including the balance already due, prior to disconnecting the customers service. Additionally, for households with school-age children who need internet connectivity for remote learning, there is a moratorium on shut-offs due to nonpayment through March 15, 2021.

LEGAL SERVICES

The statewide system of Legal Services of New Jersey is open for business during regular hours as their staff continues to provide services remotely. If you are a client seeking assistance with a civil legal matter, you may file an application <u>online</u> or call their toll-free Hotline at 1.800.576.5529 (8:00am-5:30pm.) Find information and updates about government benefits, court closings and other legal matters related to COVID-19 <u>here</u>. Find contact information for your regional office <u>here</u>. Monthly newsletters published by this organization are always informational and focus on current topics of concern. Read the current issue and access their archives <u>here</u>.

REENTRY PROGRAMS provide assistance to those returning to society after incarceration. Learn more (Spanish version).

OTHER RESOURCES

SOCIAL SECURITY SERVICE

To find out what services are continuing and which ones are being suspended, how to contact your Social Security office, and important information about deadlines that are being extended in an effort to ease the burden on you and medical providers during this pandemic visit <u>this page</u> of their site.

TAX ASSISTANCE

The IRS has established a special section focused on steps to help taxpayers, businesses and others affected by the Coronavirus-19. <u>This page</u> will be updated as new information is available.

MOTOR VEHICLE SERVICES

The New Jersey Motor Vehicle Commission has begun offering some services in person and road testing. The MVC has changed processes and requirements due to the pandemic. Most renewals, replacements, changes of address, and other transactions can be processed <u>online</u>. Read their <u>FAQ</u>.

WORK FIRST NEW JERSEY (WFNJ) UPDATES

WFNJ Recertification Extension: If your case is scheduled to be redetermined, the deadline has been extended until January 31, 2021. Information will be sent to you about your new redetermination date. In the meantime, you will continue to receive WFNJ benefits.

WFNJ Work Activities: During the current public health crisis, your case will not be closed if you are unable to participate in a work activity. This includes if you are a General Assistance (GA) client completing the 28-day work activity while your case is being reviewed.

OTHER RESOURCES

NJ DEPARTMENT OF CHILDREN & FAMILIES AND DEPARTMENT OF HEALTH CENTRAL INTAKE CONTACT INFORMATION

New Jersey has a statewide network of central intake hubs encompassing all 21 counties. Central Intake provides pregnant women, families and providers with easy access to resource information and referrals to local community services that promote child and family wellness. The range of services include—prenatal care, infant/child health, family planning, nutrition/WIC, home visiting (Healthy Families, Parents As Teachers, Nurse- Family Partnership), Healthy Women Healthy Families Community Health Workers, Doulas, Centering Pregnancy, Head Start/Early Head Start, child care services, preschool programs, Family Success Centers, early intervention, special child health services, behavioral health, domestic violence support, financial needs/public assistance services, substance use/addiction treatment, doula support, centering healthcare, breastfeeding support groups, fatherhood support groups and much more.

The primary focus of central intake is to facilitate linkages from pregnancy to age five. The county-level hub is a single point of entry that helps to simplify the referral process, improve care coordination, and ensure an integrated system of care. Local central intake staff remain up-to-date on the local array of available services, and works closely with families and provider partners to ensure that referrals best match a family's needs based on program eligibility, language/culture and other considerations.

#	County	Lead Agency	Name of County Central Intake	Central Intake #
1	Atlantic	Southern NJ Perinatal Cooperative	The Connection	800-611-8326
2	Bergen	Partnership for Maternal & Child Health of Northern NJ	Bergen Central Intake	973-942-3630 x11
3	Burlington	Southern NJ Perinatal Cooperative	The Connection	800-611-8326
4	Camden	Southern NJ Perinatal Cooperative	The Connection	800-611-8326
5	Cape May	Southern NJ Perinatal Cooperative	The Connection	800-611-8326
6	Cumberland	Acenda Integrated Health	CGS Connect	856-431-4180
7	Essex	Prevent Child Abuse NJ	Essex Pregnancy and Parenting Connection	973-621-9157
8	Gloucester	Acenda Integrated Health	CGS Connect	856-431-4180
9	Hudson	Partnership for Maternal & Child Health of Northern NJ	Hudson Central Intake	201-876-8900 x221
10	Hunterdon	Central Jersey Family Health Consortium	Family Connections Central Intake	888-551-6217
11	Mercer	Central Jersey Family Health Consortium	Family Connections Central Intake	888-551-6217
12	Middlesex	Central Jersey Family Health Consortium	Family Connections Central Intake	888-551-6217
13	Monmouth	Children's Home Society	Children's Home Society Central Intake	877-352-7843
14	Morris	Partnership for Maternal & Child Health of Northern NJ	Morris Central Intake	973-343-2650
15	Ocean	Children's Home Society	Children's Home Society Central Intake	877-352-7843
16	Passaic	Partnership for Maternal & Child Health of Northern NJ	Passaic Central Intake	973-942-3600 x14
17	Salem	Acenda Integrated Health	CGS Connect	856-431-4180
18	Somerset	Central Jersey Family Health Consortium	Family Connections Central Intake	888-551-6217
19	Sussex	Project Self-Sufficiency	Project Family Connect	844-807-3500
20	Union	Partnership for Maternal & Child Health of Northern NJ	Union Central Intake	201-876-8900 x221
21	Warren	Project Self-Sufficiency	Project Family Connect	844-807-3500