

# VIRTUAL GROUP FOR NEW FATHERS

Navigating life with a new baby  
is hard. Join us on  
**Wednesdays at 7:30 pm**  
for some time reserved just for  
dads.

---



**RSVP to Pat Vena at  
PVena@CJFHC.org**

30 Silverline Drive • 2nd Floor • Suite 1 • North Brunswick, NJ • 08902

[www.CJFHC.org](http://www.CJFHC.org)

☎ (732) 937-5437 📠 (732) 937-5540

🐦 @info\_CJFHC 📘 @CentralJerseyFamilyHealthConsortium