

Racial Disparities in Maternal Child Health

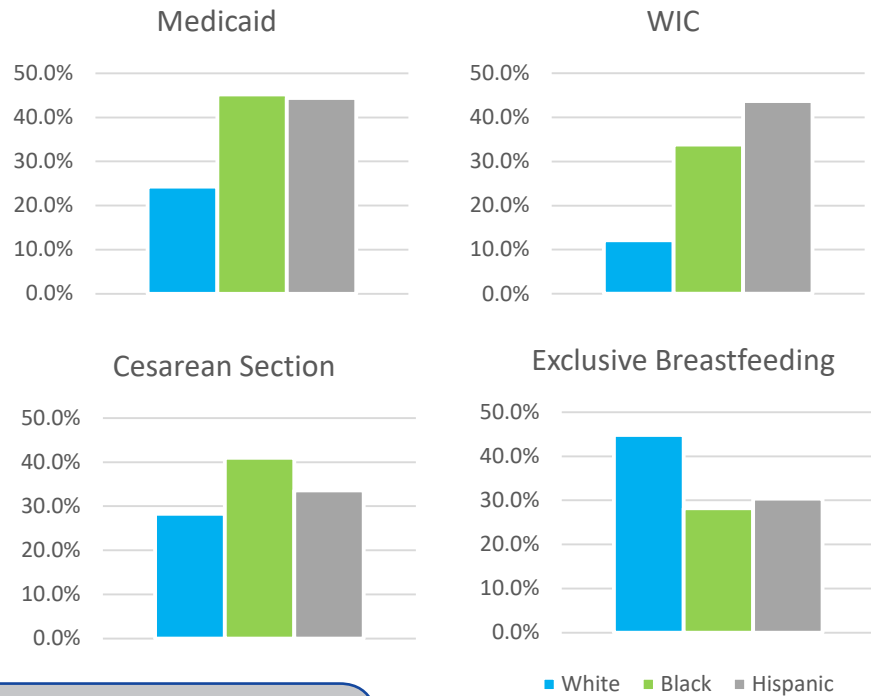
Central New Jersey

Introduction

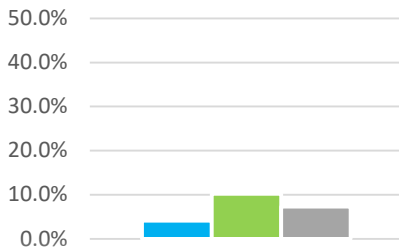
Racial disparities in maternal child health are a substantial issue in New Jersey. The Central Jersey Family Health Consortium is working to address these disparities within the service area (Hunterdon, Mercer, Middlesex, Monmouth, Ocean, and Somerset Counties) as well as throughout the state. This report provides a summary of racial disparities in Central New Jersey as of 2017.

Health Care Access, Utilization, & Outcomes

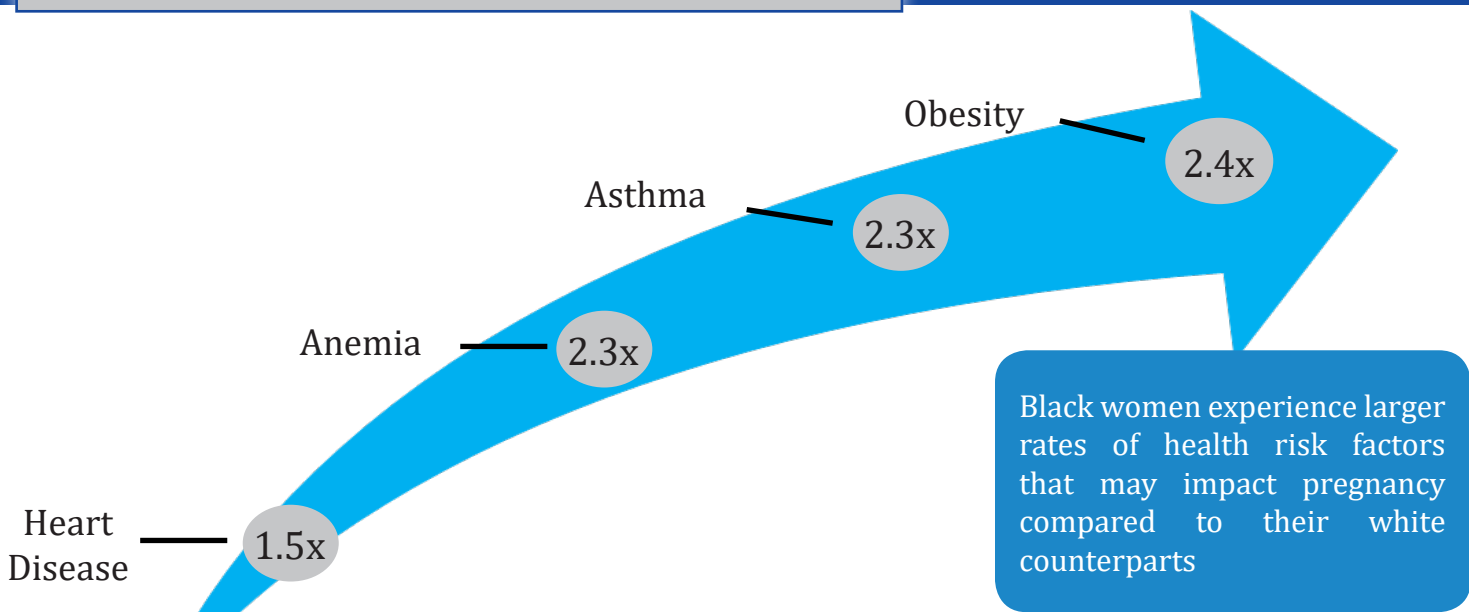
Black and Hispanic women have higher rates of Medicaid and WIC utilization yet are more likely to receive late or no prenatal care compared to White women. Minority women have higher rates of cesarean section and lower rates of exclusive breastfeeding.



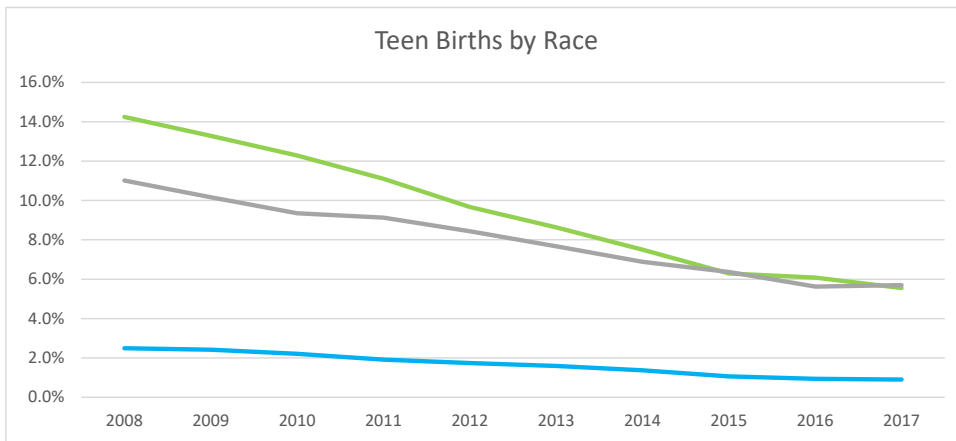
Late or No Prenatal Care



Black/White Racial Gap in Health Risk Factors



Teen Pregnancy

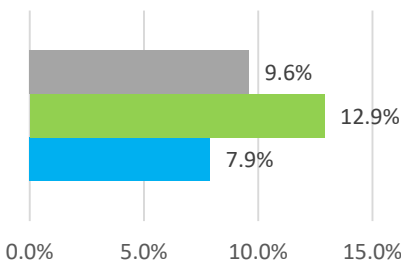


Although teen pregnancy rates have declined over time, Black and Hispanic youth are at substantially greater risk of teen pregnancy compared to White teens. However, this gap has declined over time.

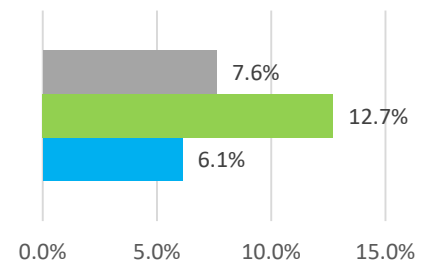
Adverse Birth Outcomes

Adverse birth outcomes impact African American and Black infants at substantially higher rates than their White counterparts. Regardless of outcome, Black infants experience rates that are 1.5 to 2 times greater.

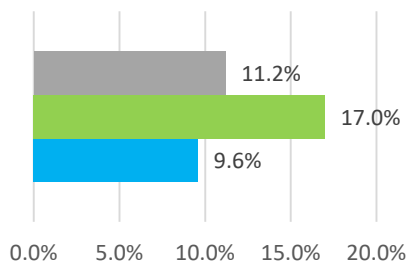
Preterm Birth



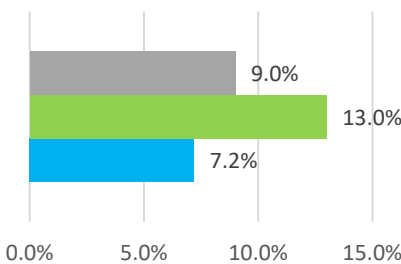
Low Birth Weight



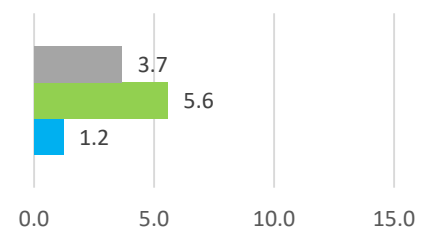
Small for Gestational Age



NICU Admission



Neonatal Mortality per 1,000 Births



■ Hispanic ■ Black ■ White

Addressing Disparities

All CJFHC programs include a focus on addressing health disparities within the community

- **Healthy Women Healthy Families:** Collaborative coordinated community approach to improve maternal and child health while reducing disparities.
- **Preconception Peer Educator:** Training students to provide health education through peer networks.
- **Community Health Workers:** Trusted members of targeted community who serve as bridge between community and providers.
- **Teen Health Initiatives:** Promotes positive development while reducing teen pregnancy, school suspensions, and course failures.
- **Family Connections Central Intake:** Assesses women and provides connections to resources based on individual needs.

Data and Evaluation Unit

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