

## ALSO® INSTRUCTOR COURSE

Advanced Life Support in Obstetrics (ALSO) is an evidence-based, interprofessional, and multidisciplinary training program that equips the entire maternity care team with skills to effectively manage obstetric emergencies. This comprehensive course encourages a standardized team-based approach amongst physicians, residents, nurse midwives, registered nurses and other members of the maternity care team to improve patient safety and positively impact maternal outcomes.

## COURSE ELIGIBILITY

Any clinician providing obstetrical care who has already obtained their ALSO Provider status is eligible to become an approved ALSO Approved Instructor. This includes physicians as well as residents, registered nurses, midwives, nurse practitioners, paramedics, and physician assistants or any other healthcare worker who has obtained their ALSO Provider Status. The ALSO Instructor Course equips current ALSO Providers with the skills and knowledge they need to effectively teach ALSO courses. Any learner in the ALSO Instructor Course who has not completed the most current version of the ALSO online content must do so prior to the Instructor Course to familiarize themselves with the course's new educational format.

## OVERALL COURSE OBJECTIVES

1. Plan to utilize demonstrated educational tools that can be used when giving feedback to ALSO® course participants.
2. Identify strategies to assist participants with questions and conflicts that can occur during the workstations.
3. Develop plans to demonstrate teaching competence in hands-on role-play utilizing maternal-fetal mannequins, including providing timely feedback, and adaptation of teaching methods to various situations.
4. Facilitate group discussion and consider ways to implement faculty and learner feedback to enhance the educational experience.
5. Facilitate a simulated group testing scenario from set up through team observation, debriefing and evaluation.
6. Devise a plan to assist Instructor Candidates in achieving and maintaining full ALSO® Instructor status.

## MAINTENANCE OF CERTIFICATION

The ABOG MOC standards now allow participation in ABOG-approved Simulation Courses to meet the annual Improvement in Medical Practice (Part IV) MOC requirement. This course has been approved to meet ABOG Improvement in Medical Practice requirements until 12/31/2022. Please review the current MOC Bulletin at <https://www.abog.org/about-abog/bulletins> for further information.

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## CME & CNE INFORMATION

The AAFP has reviewed ALSO Instructor Course and deemed it acceptable for up to 3.25 live AAFP Prescribed credits. Term of Approval is from 4/16/2021 to 4/16/2021. Physicians should claim only the credit commensurate with the extent of their participation in the activity. CME credit for the Instructor course can be obtained by physicians only at this time. This course does not qualify for CNE nursing contact hours due to nursing state board regulations.

AAFP Prescribed credit is accepted by the following organizations/physician licensing boards. This acceptance is confirmed each year, though no written agreement exists. Participants should contact these organizations directly to find out how to report credit:  
American Academy of Physician Assistants (AAPA)  
National Commission on Certification of Physician Assistants (NCCPA)  
American Nurses Credentialing Center (ANCC)  
American Academy of Nurse Practitioners Certification Board (AANPCB)  
American Association of Medical Assistants (AAMA)  
American Board of Family Medicine (ABFM)  
American Board of Emergency Medicine (ABEM)  
American Board of Preventative Medicine (ABPM)

## COURSE DISCLAIMER

The material presented at this course is being made available by the American Academy of Family Physicians for educational purposes only. This material is not intended to represent the only, nor necessarily the best, methods or procedures appropriate for the situations discussed, but rather is intended to present an approach, view, statement, or opinion of the instructors which may be helpful to others who face similar situations.

The AAFP disclaims any and all liability for injury, or other damages, resulting to any individual attending this course and for all claims which may arise out of the use of the techniques demonstrated therein by such individuals, whether these claims shall be asserted by a physician, or any other person.

Every effort has been made to assure the accuracy of the data presented at this course. Clinicians may care to check specific details, such as drug doses and contraindications, etc., in standard sources prior to clinical application.

This Course has been determined to be a Level 2 classification under the AMA PRA Credit and Classification Guidelines. The AAFP does not certify competence upon completion of the ALSO Instructor Course, nor does it intend this course to serve as a basis for requesting new or expanded privileges.

## COURSE CONTACTS

**Course Director:** Robert Massaro, MD  
**Course Instructor:** Carlos Benito, MD  
**Course Coordinator:** Trish Suplee PhD, RNC-OB, FAAN  
**Email Address:** [tsuplee@cjfhc.org](mailto:tsuplee@cjfhc.org)  
**Phone Number:** 732-937-5437 xt 194



AMERICAN ACADEMY OF FAMILY PHYSICIANS

## ALSO Instructor Course

April 16th, 2021

Monmouth Medical Center  
RWJ Barnabas Health  
300 2<sup>nd</sup> Ave  
Stanley Wing, Room 206  
Long Branch, NJ 07740

Sponsored by:  
Central Jersey Family Health  
Consortium

Coordinating Agency:  
Monmouth Medical Center  
RWJ Barnabas Health  
Parking Deck at Main Entrance

## COURSE PRE-WORK

Learners will be provided an email that includes a URL/link to the Online ALSO Instructor Course. Content consists of recorded lectures and recorded workstation demonstrations. After completion of the evaluation the Learners **must Attest and Claim Credit** to show as 'Complete' in the Sponsor's Course Dashboard and to qualify to attend the Live Course.

## AFTER THE COURSE

The ALSO Course Sponsor is responsible for submitting the post-course Dashboard within one week after the Live course. After this submission, the Learners will receive an email with a link which will direct them to their AAFP Account where they will find their Letter of Participation. Only Learners who successfully complete both the on-line and the live portion of the course will receive ALSO Instructor Candidate Status.

Instructor Candidates have one year from the date of their Live Instructor Course to teach in an ALSO or BLSO course while being observed by an Advisory Faculty. After being recommended for Approved Instructor, they will receive an email stating this and will find their Approved Instructor wallet card, with the Letters of Participation in their AAFP Transcript/Account.



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## LIVE PORTION OF THE COURSE

### AGENDA

(Learners are each assigned to a group and rotate amongst skills workstations simultaneously)

7:45-8:00	Registration
8:00-8:15	Welcome, Overview, Course Concepts
8:15-8:45	Lecture: Adult Based Learning
8:45-9:15	Lecture: Giving Effective Feedback
9:15-9:30	Instructional Videos (Group Testing Debriefing)
9:30-9:45	<b>BREAK</b>
9:45-10:30	<u>Workstation 1</u> : Assessing Skills (Utilizing Careful Mnemonic)
10:30-11:15	<u>Workstation 2</u> : Facilitating Maternal Resus/Trauma
11:15-12:00	<u>Workstation 3</u> : Facilitating Group Interactive Case Discussions
12:00-12:45	<b>LUNCH</b>
12:45-1:30	<u>Workstation 4</u> : Facilitating Group Testing
1:30-2:00	Wrap Up, Course Evaluations

## REGISTRATION FORM

**REGISTRATION DEADLINE: March 10th, 2021**

Name: \_\_\_\_\_

Title/Degree: \_\_\_\_\_

RN License # \_\_\_\_\_ State \_\_\_\_\_

Home Address: \_\_\_\_\_  
*Required for mailing course*

City/State/Zip: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_  
*Required for emailing registration confirmation  
and on-line course information*

Hospital Affiliation: \_\_\_\_\_

Specialty Area: \_\_\_\_\_

**Course Fee includes:**

Continental breakfast, lunch included

\_\_\_\_ \$300 CJFHC Members \*see registration for list

\_\_\_\_ \$410 All Others

\_\_\_\_ \$49.95 Hard copy of manual- optional

**Personal check payable to CJFHC:**

Mail registration form & check to:

**CJFHC - ALSO Course**

**30 Silverline Drive, 2<sup>nd</sup> floor, Suite 1**

**North Brunswick, NJ 08902**

**No refunds – after link has been emailed to the registrant.**